

SPERANZA MENU

Soup Of The Day | €7.00

GF option

1 Wheat

Served with Guinness soda bread

Caesar Salad | €12.00

GF option

1 wheat, 2, 3, 6, 8

Cos lettuce, croutons, bacon, parmesan cheese
(Add chicken €4.50)

Superfood Salad | €13.00

Vegetarian, Vegan option

6, 12

Avocado & quinoa salad with feta, lentils cucumber
(Add chargrilled chicken €4.50 GF)

Cobb Salad | €13.00

GF

2, 6

Shredded chicken & rich blue cheese dressing, heirloom tomatoes, crispy bacon, avocado

Veggie Sandwich | €9.00

GF option

1 Wheat, 2, 5, 6, 9

Miso roast vegetables, pea & mint hummus, feta cheese, caramelized onion

Braised Beef Sandwich | €9.00

GF option

1 Wheat, 2, 6, 8, 12

24 hours braised beef, coleslaw, emmental cheese, pickles

Ham & Cheese Toastie | €9.00

1 Wheat, 6, 8

Mornay sauce, carved ham, smoked cheese, Ballymaloe relish

Falafel Burger | €15.50

(Vegetarian, Vegan, GF option)

1 Wheat, 2

House falafel burger, brioche bun, smoked paprika mayo, lettuce, beetroot & pickled onion

Homemade Ravioli | €15.00

Vegetarian

1 Wheat, 2, 6

Ricotta & spinach ravioli, roasted cherry tomato & basil sauce

Complement your dish...

Fries | €4.00

Parmesan Fries | €5.00

6

Sweet Potato Fries | €4.50

Coleslaw | €4.50

2

Treat yourself (We won't tell anyone)

Lime & Yuzu Cheesecake | €7.00

1 Wheat, 2, 6

Eton Mess | €7.00

2, 6

All our beef is 100% Irish.

The following denotes which of the allergens apply to each of the dishes;

1. Gluten 2. Eggs 3. Fish 4. Nuts 5. Soya beans 6. Milk 7. Nuts 8. Mustard 9. Sesame 10. Lupin
11. Celery 12. Sulphur dioxide 13. Crustaceans 14. Molluscs